

Hingham Youth Summer Tennis + NEW! Pickleball!

TENNIS ACADEMY (Nine 1-week sessions)

Beginning June 27, Monday-Friday --- Fee: \$175

This program is designed for children of all skill levels. This course introduces the basics of the game including: strokes, rules, scoring, footwork, and tennis etiquette. Classes will include ball feeding drills, personal stroke instruction, and stroke play with fellow participants. Groups will be divided by age or skill level. By the end of the session, you will have learned the grips and basic stroke of the forehand, backhand, serve, volley, and overhead shots. Participants will work together to develop basic rally skills, technical skill development, fundamental stroke development, and footwork skills will be taught.

*Ages 5+6, 9am-11:30am *Ages 9+10, 12pm-2:30pm
*Ages 7+8, 9am-11:30am *Ages 11-13, 12pm-2:30pm

KIDS TENNIS CLINIC (1x/week for 6 weeks)

Tuesdays, July 5 – August 9 --- Fee: \$85

This clinic is for children of all skill levels from beginner to advanced. Classes will focus on technique, preparation, basic fundamentals, and player development. Kids will get to compete amongst each other with different games/activities and match play (singles + doubles) and most importantly have fun.

*Ages 5+6, 3:30pm-4:30pm *Ages 9+10, 5:30pm-6:30pm
*Ages 7+8, 4:30pm-5:30pm *Ages 11-13, 5:30pm-6:30pm

ADULT TENNIS (8 classes)

Whether you are picking up the racquet for the first time in 10 years, learning how to play, or exploring new hobbies our adult tennis programs are fun, fast-paced, and high energy. During our clinics, we incorporate technical instruction into fun, live-ball drills, so you leave the class with a good workout. Intermediate/Advanced Intermediate classes are focused more on game play and toning your skills that already exist, while incorporating new strategy and technique into your play.

Beginner/Low Intermediate

Fee: \$125

*Start Dates: June 28 & August 2

Tuesdays/Thursdays (2x week/4 weeks)

7:45pm-8:45pm

*Start Date: June 30

Thursdays (1x week/8 weeks)

5:00pm-6:00pm

Intermediate/Advanced Intermediate

Fee: \$165

*Start Dates: June 27 & August 2

Monday/Wednesday (2x week/4 weeks)

5:00pm-6:30pm

*Start Date: June 30

Thursdays (1x week/8 weeks)

6:00pm-7:30pm

NEW THIS SUMMER!

ADULT/SENIOR PICKLEBALL

This racquet sport that is growing rapidly in popularity all over the United States. Pickleball combines the rules and fundamentals of ping pong, tennis, and badminton. It is played with a plastic or wooden paddle and a hard plastic ball with a tennis-type net on a badminton-sized court. Classes will include 30 minutes of instruction and 45 minutes of game play. Once participants are comfortable with the rules and fundamentals of the game, the full 75 minutes of class will adjust to game play. This is a fun and great workout for all ages and abilities. Come join the Pickleball movements and get a great workout in each week!

*Start Dates: June 27 (no class 7/4), Aug 1

Mondays/Wednesdays (2x week/4 weeks)

7:15am-8:45am

*Start Date: July 30

Saturdays (1x week/8 weeks)

8:00am-9:30am