

# HINGHAM ROAD RACE JULY 4, 2009

Register on-line at [signmeup.com](http://signmeup.com) or send completed application and check payable Hingham Recreation Department

## RACE INFORMATION

Organized by: Hingham Recreation Commission  
Date & Time: 7:00AM, Saturday, July 4<sup>th</sup>, 2009  
Start: Hingham Middle School  
1103 Main St., Hingham, MA  
Course Length: 4.6 miles  
Award Ceremony: At the finish line  
Return transportation: 7:30AM-9:30AM  
Finish line to Hingham Middle School  
T-shirts: Guaranteed to pre-registered runners only

## FEE INFORMATION

Non-refundable Entry Fee:  
\$18.00 Registration Fee, Ends July 3rd  
\$20.00 Day of race 5:30 AM-6:30 AM

## REGISTRATION-RUNNER NUMBER & T-SHIRT PICK UP

At The Hingham Recreation Center 210 Central Street, Hingham  
June 27 – July 2 Monday – Friday 9AM – 6PM  
Saturday & Sunday Noon – 5 PM  
July 3 9:00 AM – 12 Noon

For Race Safety: No pets, strollers, baby joggers, skates, boards, or bikes. Unregistered runners will be diverted off the course

Send completed application and check payable to Hingham Recreation Department, 210 Central Street, Hingham MA 02043

Name: \_\_\_\_\_ Age: \_\_\_\_\_ USAT&F #: \_\_\_\_\_ Sex: M F

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Phone: \_\_\_\_\_

Please circle T-shirt size: S M L XL XXL Email: \_\_\_\_\_

I KNOW THAT RUNNING AND ROAD RACING ARE POTENTIALLY HAZARDOUS activities I will not enter the July 4, 2009 Hingham Road Race unless I am medically able. I assume all risks associated with this race, including but not limited to falls, contact with other runners, and effects of the weather including high temperature. Having read this waiver I myself and anyone entitled to act on my behalf, waive and release all race organizers and workers, the USATF, Hingham Recreation Department personnel, the Town Hingham officials, workers, volunteers, and sponsors from rights and claims for damage, injury and illness I may have from this event. I grant permission to all of the forgoing to use any photographs or record of this race for legitimate purposes certify my compliance with my signature.

Signed: \_\_\_\_\_  
Participant

\_\_\_\_\_  
Parent(s) / Guardian(s) of Participant if under 18

\_\_\_\_\_  
Date