

Health Care Policy

Medication Administration

With the exception of administering an epipen during an acute allergic reaction, Hingham Recreation staff will not administer medication to any child in its programs.

Emergency Procedures

All staff will be certified in CPR and be trained in Epipen usage and protocols

If a child is in need of emergency medical attention, Hingham Recreation staff will call 911. If it is determined by emergency medical personnel that the child must be transported via ambulance then a staff member will accompany the child. If permitted, the staff member will ride in the ambulance with the child. However, if this is not permitted then the staff member will follow in a private vehicle.

***Hingham ambulances transport to South Shore Hospital.

In the event of an emergency the child's parent will be contacted immediately. If the parent cannot be reached we will contact the participant's emergency contact.

All incidents will be thoroughly documented and recorded. A Hingham Recreation employee will remain with the child until a parent or designated emergency contact person arrives.

Sick Policy

Any child who displays signs of an infectious disease will be assumed to be contagious and sent to a Recreation supervisor. The supervisor will decide whether the child warrants being sent home. The child will be isolated under supervised care in the supervisor's office until the parent or guardian can arrive. If a child has a reportable disease per board of health such as chicken pox, measles, etc... The supervisor will notify the Hingham Board of Health and require a note from the child's doctor before allowing the child to return to the Rec's programs

If a child is being treated with antibiotics or any other medication for an infectious communicable illness, they must be on it for at least 24 hours before returning to programs. This includes eye medications. A doctor's note is required to return to Rec Programs.

Children will be sent home immediately in the case of (not a complete list):

Fever: Children with a fever (99 or higher) should be kept at home until they have been free of fever for at least 24 hours.

Strep: If a child has a documented strep throat, he/she can return with a doctors note.

Ear Infection: If a child has an ear infection he/she may attend the program as long as he/she is not experiencing great pain or discomfort. If the child is experiencing substantial pain, has a fever, has redness in and/or discharge from the ear, the child should remain at home.

Vomiting: A vomiting child may return to the program only after he/she has been vomit free for 24 hours and is able to tolerate a normal diet.

Diarrhea: A child with diarrhea must remain at home until he/she has been free of diarrhea for at least 24 hours.

Skin Conditions (rash, impetigo, etc.): Any child with a weeping rash or any other contagious skin condition must have a written statement of non-contagion from a licensed physician before he/she may return to the program. A child with impetigo must remain at home until he/she has been on medication for at least 24 hours.

Conjunctivitis: Children with conjunctivitis may return to the program after he/she has been treated for 24 hours or has received a note from his/her physician stating that the child's condition is not contagious and/or does not present a health threat to others.

Chicken Pox: A child with chicken pox must remain at home until all lesions have scabbed over (5-7 days) and/or the child has received a note from his/her physician stating that the child is no longer contagious.

Head Lice: A child with head lice may return to the program after he/she has been medically treated and is completely free of nits.

Allergy Awareness Policy

In the interest of promoting a safe and healthy environment for children participating in Recreation Programs, we ask that the parents of children with severe allergies notify recreation staff of their child's allergy and provide all food for snacks, lunches, and special occasions. We also ask that participants with EpiPens carry one with them at all times in addition to leaving one in the Rec office. We know from past years that a number of participants do suffer from moderate to severe peanut allergies. Due to this knowledge we strongly suggest that all parents avoid sending their children to programs with foods containing peanuts. Staff will encourage children not to share lunches and to wash their hands after eating. Furthermore, if necessary, a section of the lunch area will be designated as "peanut free" in order to reduce exposure. However, the recreation department does not accept responsibility for the contents of participant's lunches or snacks.

SUN CARE POLICY

All children are encouraged to bring their own sun block with them each day with their name clearly labeled on the container. All children will be reminded by counselors and senior staff members throughout the day to reapply sun block to prevent any burns. However, the staff is not allowed to apply sun block on your child unless there is a waiver on file. As a result, we recommend that parents who do not return a waiver send in sun block that is in a spray bottle. If the sun block is provided in a spray bottle the staff is allowed to spray on the sun block and the child will be asked to rub it in. Senior Staff are the only staff members who would be allowed to apply sunblock to a child who has a signed waiver on file. Counselors are permitted to spray on sunblock if a spray bottle is provided.

EPI PEN PROTOCOL: STORAGE AND ADMINISTRATION OF MEDICATION

Hingham Recreation does not store or administer any medication other than an EPI-PEN.

If a child requires an EPI-PEN at the program, the parent must do the following:

- A) Send two EPI-PENS. One will be kept with the child's instructor / counselor and sent home daily. The other will remain in the office for the duration of the child's session.
- B) Put your child's name on both EPI-PENS in big bold letters with a marker.
- C) All EPI-PENS must be collected at the end of the program.